

Welcome to our church family! Our church web site is [www.ssjohnpaul.org](http://www.ssjohnpaul.org). Our fax number is 967-7197. You can reach the parish secretary, Laurie Delvaux, at the church office, 967-3796. The parish offices are located at the east end of the church building.

We want to welcome you to our parish and give you a little information on some of the groups & activities we have available here at Ss. John & Paul.

Musicians: if you would like to be part of our music ministry, contact Patty Hormann at 967-3922.

Liturgical Roles: If you are interested in being a lector, commentator, Eucharistic minister or altar server at Mass, contact the following: **Lectors/Commentators:** Alyce Conley, 967-5605; **Ushers/Greeters:** Carlene Hohl 967-5540; **Servers:** Diane Zadow, 967-3003; **Eucharistic Ministers:** Rose Vonnahme, 957-8170 or Teresa Brandt, 967-7425. If you are interested in bringing Communion to the Altoona nursing home, contact Joann Maly, 957-0185.

Holy Hour: Join us in adoration of the Holy Eucharist every Monday night at Ss. John & Paul from 7-8 pm. *"Could you not watch with me one hour?" Matthew 26:40/Mark 14:37.* Call Maggie Murphy at 967-2624, for more information.

The Worship & Spirituality Committee: meets the first Thursday of each month at 7:00 pm in the conference room. The committee is responsible for the Liturgical decorations and take home reminders for Holy Days and Liturgical seasons throughout the year, as well as seasonal décor. For detailed information contact Carlene Hohl at 967-5540.

Parish Relations: promotes community building through various activities. Anyone with enthusiasm is welcome to join the committee! Our activities include: the Valentine dance, blood drives, parish picnic, Fall Fest and parish outreach.\* One major benefit of volunteering with our projects is the chance to get to know your fellow parishioners in a small group setting and many of our projects involve the entire family. For more information call Chevy Freiburger, 422-6011.

\*Parish Outreach helps out new mothers, parishioners recently discharged from the hospital and others in need by bringing casseroles and baked goods to them. If you would like to help with this, or know someone who needs this outreach, call Jeanne Shupe at 783-7090.

St. Vincent de Paul: a Catholic lay organization, offers service to those who are needy and suffering. Locally, we bring all food and cash donations from our parish to the local Food Pantry and organize several food drives throughout the year. We organize *New Shoes for You* and *School Supplies* in conjunction with Central Place, helping families in the SE Polk area, as well as two gift giving programs for Christmas, *Season of Sharing* and *Angel Tree*. To become involved, call Doug Shipley, 264-0398.

On A Journey Together: Ss. John and Paul is participating in the diocesan evangelical initiative, *On A Journey Together*. Small groups meet for several weeks in the fall and during Lent. All are invited to participate in friendly conversation about faith. For more information or to join a small group, call Laurie Delvaux at 967-3796.

RCIA: Rite of Christian Initiation of Adults, meets on Thursday evenings, September through Pentecost. If you know of someone who is interested in joining the Catholic Church, or would like to help with RCIA, please call Sr. Virginia at the parish office at 967-3796.

Prayer Chain: If you have a prayer request you would like added to our parish prayer chain, call Laurie Delvaux, 967-3796 or email the church, [ssjohnpaul@ssjohnpaul.org](mailto:ssjohnpaul@ssjohnpaul.org). If you would like to be part of the prayer chain, either by e-mail or phone, call Laurie.

Welcoming Committee: after you are settled if you would like to help welcome other new members to our church, through a variety of ways, contact Laurie Delvaux at 967-3796.

Funeral committee: Help is needed both working in the kitchen the day of the funeral, and providing salads or desserts for the luncheon. If you are interested in helping with funeral dinners, please call Sally Duer, 266-0582.

Faith Formation:

Our Parish Faith Formation is an intergenerational program which meets once a month: Sunday from 5 to 7:30 pm, or Wednesday from 5:30 to 8 pm. Contact our Director of Faith Formation, Patsy Carlson at 967-8047 for more information.

*Parish Faith Formation* is supplemented by *Junior High Youth Ministry (JYM)*, where junior high students gather for an additional event once a month to expand upon that month's faith formation emphasis. In addition, *FamilyJourney*, for young and old alike, holds special events on an as scheduled basis. Contact Youth Ministry Coordinator, Terry Clark, 967-8047, for information or to volunteer. *Tweens*, for 5<sup>th</sup> and 6<sup>th</sup> graders also meets once a month for gatherings that focus on the emphasis for that month and service to others. Contact Patsy Carlson, 967-8047 for information or to volunteer.

*Preschool Sunday School* meets during Sunday morning masses, for ages 3, 4 and kindergarten children. For more information call Patsy Carlson at 967-8047.

*Children's Liturgy of the Word:* Takes place Sundays at the 9 and 11 am Masses for children in grades 1 – 4. Children leave to hear the readings at their age level, have a discussion or activity, and return to the assembly after the intercessory prayers. For information contact Patsy Carlson at 967-8047.

*Teen Group:* our High School youth meet the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Wednesdays of the month from 6:30 – 8:30 pm in the Faith Development Center. For more information call our High School Youth Minister, Joan Ammons at 967-7911.

Stay-at-Home Moms: A group of mothers with young children meets every Wednesday morning for a play date and bible study. Call Jeanne Shupe, 783-7090 for information.

Life After 50: A social group for those 50 and older interested in doing a variety of activities with other parishioners. Contact Dorothy and Terry Powers, 265-2914.

Knights of Columbus: A men's fraternal organization with emphasis on service, social and family. They meet the first Thursday of the month in the Parish Hall at 6 pm. Contact Grand Knight: Marty DeDecker, 967-6893.

Bible Study Groups:

Men's Bible Study: Every Saturday, 7:30 am in the FDC. Contact Rick Rusch, 957-8319. Call Laurie in the office, 967-3796 for other Bible Study opportunities.

CEW: Christian Experience Weekends are retreats for adults, which help them to deepen their faith in Christ and commit them to actively live in the world as a disciple of Jesus. For more information about CEW call Cicily Dennis at 957-9390.

Metro area groups:

CWW: Catholic Widows & Widowers is a group from Des Moines and surrounding areas who have lost a spouse and gather together in faith and social friendship. A general meeting is held at St. Augustin's Church the 4<sup>th</sup> Tuesday of each month at 2 pm. Weekly activities are planned & announced in a bi-monthly newsletter to members. Activities include: First Friday Mass & brunch, dining out, tours, movies, plays, miniature golf, in-home holiday parties and more. For more information contact Ginny Thomas at 967-9330.

CAST: Catholic Adult Singles Together is an organization sponsored by the Diocese of Des Moines for single persons ages 18 and older in Des Moines and surrounding areas. Single is defined as a person who is never married, divorced or widowed. The majority of the members are of the Catholic faith, but people of any faith may join. For more information contact president, Gayle Huck, 515-225-3089.