



# Totus Tuus of Kansas City– St. Joseph



**Our Lady of Lourdes in Harrisonville  
Sunday - Thursday, July 18th - 22nd**

Program time: **7:30 pm to 9:40 pm** (will carpool from St. Bridget)

**Cost for St. Bridget high school youth: \$10**

Permission forms required + **RSVP to Linda Ochs at 537-8088**

## Why should I go?

It's fun! And it will help you grow in your faith along with other high school youth from St. Bridget and Our Lady of Lourdes. Young people who have gone in the past really like it. For some, it changed their lives.

## So, what is this "Totus Tuus" thing anyway?

Totus Tuus (Latin for *Totally Yours* and pronounced "TO-tus TOO-us") is a summer Catholic youth program. It's a week when your faith comes alive in a fun and exciting way as college students and seminarians lead you in activities, games, teachings, discussion and prayer.

## Who leads Totus Tuus?

A team of two men and two women in college and seminary will lead Totus Tuus. You'll love them. They are on the team because they have a passion for the faith, love working with young people, have lots of energy and enthusiasm and are committed to personal growth themselves. They're a lot of fun and know their stuff.

## What will we do?

It's kind of like a "twilight retreat". At 7:30 pm **Sunday, Monday and Wednesday** you will have an introduction to the evening and then a "session", which is instruction and discussion about a given topic with team members. Then there will be the ever-important food break! After two more sessions, the evening ends with prayer and you're done at 9:40. On **Tuesday**, you will meet Jesus face-to-face at Eucharistic Adoration and in Confession. *This is the most awesome evening!* **Thursday** is strictly a social night. The Totus Tuus team and all participants will meet at Aaron's Westchester Lanes in Harrisonville at 7:30 pm for unlimited bowling games and shoe rental. It's still being determined whether this will cost anything, but for sure spending money will be needed if you want to purchase food from the snack stand.

## What are the topics?

	<u>Session #1</u>	<u>Session #2</u>	<u>Session #3</u>
Sunday	The Our Father		
Monday	What is prayer?	The Battle of Prayer	ACTS
Tuesday	Meditation	Adoration and Confession	
Wednesday	Apologetics	Heroes of Prayer	Vocations / Steward-
Thursday	Evening Social - Bowling at Aaron's Westchester Lanes		

## Anything else?

High school youth will carpool from St. Bridget. If you cannot make it to every evening, that's ok. Many do not because of other obligations, but be sure to go even if you can make it to a couple evenings. RSVP to Linda Ochs @ 537-8088.