

Personal Assessment for Confirmation

Confirmation is a sacrament through which the Holy Spirit gives you special grace and guidance for living a truly Christian life. It is also the third (and in most cases, final) sacrament of initiation into the Catholic Church. These questions will help you assess your degree of readiness and willingness to be confirmed.

Please take the time to reflect on these questions with your parents and/or sponsor prior to the interview with your Confirmation team facilitator. Come prepared to talk about where you are currently in your faith journey.

- 1. Do you believe in God? If so, how do you see God?**
- 2. How would you describe your relationship with God these days?**
- 3. Describe what it means to you to be Catholic.**
- 4. Do you want to be Catholic?**
- 5. Do you talk about your faith with others? Who? If not, what holds you back?**
- 6. How would you describe your prayer life?**
- 7. Is Confirmation important to you personally?**
- 8. What are your biggest “Catholic questions”?**