

Spiritual Exercise Journal

Name _____ Grade _____ Session _____

Name of spiritual event attended _____

Date of event _____

Describe the event. What did you see? What did you do?

Describe how you felt after attending this event.

What did you learn?

Who was the leader of the event? Did you talk to the leader?

Who attended this event with you?

Why did you choose to attend this event?

Student Signature _____ Date _____

Parent Signature _____ Date _____

Catechist Signature _____ Date _____